

BREAKFAST

9.30am-3pm weekdays / all day Sat-Sun

Build a bap	Choose up to 3: bacon, sausage, vegan sausage, fried egg	£3.95
	Add hash brown (vg)	50p
Eggs on toast	Fried or Scrambled egg on thick cut bread - white or granary (v)	£3.95
Beans on toast	Heinz baked beans on thick cut bread - white or granary (vg)	£3.95
Pancakes	Scotch pancakes with streaky bacon and maple drizzle	£3.95
Toasted teacake	Fruity teacake with a choice of strawberry jam or marmalade (vg)	£2.95
Toast	Thick cut toast with a choice of strawberry jam, marmalade or marmite (vg)	£2.95

LUNCH

11.30am-3pm Mon-Fri / all day Sat-Sun

Doorstop sarnies served with a baby leaf salad garnish with balsamic glaze - white or granary bread

- The Big Winner BLT (df)	£3.80
- The Arc Cosmos chicken & bacon sandwich (df)	£3.80
- Mature cheddar cheese and cider apple chutney (v)	£3.25
- Beetroot falafel and tzatziki (vg)	£3.80

Paninis served with baby leaf salad garnish with balsamic glaze

- Mozzarella and tomato with basil pesto (v)	£4.25
- Bacon and brie with cranberry	£4.25
- Mature cheddar and ham	£4.25
- Tuna melt with red onion	£4.25
- Goats cheese and cider apple chutney (v)	£4.25
- Cajun spiced Aubergine, red pepper and hummus (vg)	£4.25

Salad bowls

- Arc chicken and bacon caesar salad with herby croutons	£6.95
- Feta and sundried tomato salad with black olives and balsamic glaze (v)	£6.95
- Beetroot falafel salad with minty yoghurt dressing (vg)	£6.95

KIDS

From 12 noon until close

Haddock fishcake with salad or chips and peas	£4.95
Chicken goujons with salad or chips and peas	£4.95
Mac & cheese (v)	£4.95
Burger with salad or chips (vgo)	£4.95

**Burgers and pizzas can be ordered to sit-in or takeaway
3-9pm Wed-Fri / all day Sat-Sun**

PIZZAS

Pizzas are available 12" or kids 6"

Margarita Homemade base, Arc signature sauce and fresh mozzarella (v/vgo)	£6/£3
Veggie Red onion, red pepper, spinach, cherry toms, sweetcorn and peas (v/vgo)	£8/£4
BBQ Chicken Chicken, red onion, sweetcorn, jalapeno, red pepper and BBQ sauce	£8/£4
Spicy beef Spicy beef mince, bacon, chorizo, white onion and chilli flakes	£9.50/£4.75
Taco Beef/vegan mince, red onion, cherry tom, black olives, jalapenos and guac (v/vgo)	£9.50/£4.75

BURGERS

Served with homemade slaw (vg) and skin-on fries or salad

Burgers include toasted bun (gfo), roast garlic mayo (vg), lettuce, tomato, gherkin and homemade red onion jam

Choose from: 8oz local beef patty, panéed chicken breast, plant-based 'Moving Mountains' (vg)	£7.50
Add ons: Cheddar cheese, streaky bacon, chorizo, fried egg, onion rings	50p each
2nd burger	£2

SIDES

Side salad (vg)	£1
Onion Rings (6) (vg)	£2
Skin on Fries (vg)	£2.50
Homemade Slaw (vg)	£1

SWEET TREATS

All day everyday

See counter for today's cakes, cookies, energy bars and more

(v) vegetarian / (vg) vegan / (vgo) vegan option available / (df) dairy free

(gf) gluten free / (gfo) gluten free option available

FOOD ALLERGIES AND INTOLERANCES | THECLIMBINGACADEMY.COM

Please speak to our staff about the ingredients in your meal, when placing your order